

The BCBSRI Maternal Care Program



A helping hand for a healthier pregnancy

The **BCBSRI Maternal Care Program** is here for you, whether you need help finding a doctor, managing a chronic health condition, or dealing with depression or another mental health issue.

We'll work with you one-on-one to help you:

- Understand the phases of pregnancy
- Navigate the healthcare system
- Arrange prenatal care
- Connect with a doula, if interested
- Schedule tests and screenings
- Prepare for the delivery and care of your infant

**Call BCBSRI Care Management
to learn more.**

**(401) 459-CARE
1-800-637-3718 ext. 2273**

Specialized services for special health challenges

Do you have diabetes, asthma, or another chronic health issue? We'll show you how to manage your condition more effectively throughout your pregnancy and after.

If you need help with depression, anxiety, or any mental health challenge, we can direct you to available programs and services.

Give us a call to learn more.

**(401) 459-CARE
1-800-637-3718 ext. 2273**



The information provided is not a referral or recommendation of any particular healthcare provider, facility, or program. BCBSRI cannot guarantee availability for the providers or programs listed.

Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

EMP-1017824 1/24