

# BCBSRI Care Management



Whether you have a chronic health condition or need support following a new diagnosis, the **BCBSRI care management team** is here for you.

Our team of registered nurses, dietitians, behavioral health specialists, pharmacists, and health advocates will work with you and your providers to get you on the path to a healthier life.

There's no extra cost for these services and no referral is needed.

**Give us a call:**

**(401) 459-CARE**

**1-800-637-3718 ext. 2273**

# Here to help you with any health challenge

## **You have a chronic health condition.**

We'll provide resources to help you manage your diabetes, high blood pressure, or other health issue, and offer extra support if you need it.

## **You feel lost in the healthcare system.**

Some medical issues are especially difficult, and it's easy to feel overwhelmed. Whether it's a high-risk pregnancy, cancer, or any other new or ongoing challenge, we'll be there for you

## **You've just had a hospital stay.**

The right follow-up care is essential. We can help coordinate at-home services, review your medications, and check in regularly to see how you're doing.

## **You have a behavioral health concern.**

We can connect you with available resources and treatment options for behavioral health and substance use disorders.

**Get started:**

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The information provided is not a referral or recommendation of any particular healthcare provider, facility, or program. BCBSRI cannot guarantee availability for the providers or programs listed.

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